

RIAPP

Rhode Island Association for Psychoanalytic Psychologies

An official chapter of the Division of Psychoanalysis (39) of the American Psychological Association

Wednesday Evening Lecture Series 2013-2014

Central Congregational Church
296 Angell Street (Diman Street entrance)
Providence, RI 02906

DATE March 5, 2014 7:30-9:00 PM

PRESENTS

Usha Tummala-Narra, Ph.D.

Addressing Sociocultural Context in Psychotherapy From a Psychoanalytic Perspective

Abstract: This presentation highlights psychoanalytic understandings of sociocultural context in psychotherapy, and calls for a systematic inclusion of cultural competence as a core emphasis of psychoanalytic psychotherapy. Specific approaches to cultural competence in practice, such as the recognition of social oppression and the complexity of cultural identifications, will be discussed.

Learning Objectives: After this **intermediate/advanced** presentation, participants will be able to:

1. Identify ways in which the sociocultural context of the client and the therapist influence conceptualizations of health and pathology in development.
2. Recognize how psychoanalytic theory informs and deepens an understanding of sociocultural context in psychotherapy.
3. Describe specific ways in which therapists' challenges and privileges can influence the therapeutic relationship, particularly transference and counter-transference.

Biography: Usha Tummala-Narra, Ph.D. is Assistant Professor in Counseling Psychology at Boston College, and in independent practice in Cambridge, MA. Her research concerns acculturation, race, and mental health issues among immigrant and ethnic minority communities. She presents nationally and has published numerous articles and book chapters culturally informed psychodynamic psychotherapy.

References: Akhtar, S. (2011). Immigration and acculturation: Mourning, adaptation, and the next generation. New York: Jason Aronson.

Harlem, A. (2009). Thinking through others: Cultural psychology and the psychoanalytic treatment of immigrants. *Psychoanalysis, Culture & Society*, 14(3), 273-288.

Leary, K. (2006). In the eye of the storm. *The Psychoanalytic Quarterly*, 75(1), 345-363.

Suchet, M. (2007). Unraveling Whiteness. *Psychoanalytic Dialogues*, 17(6), 867-886.

Tummala-Narra, P. (2007). Skin color and the therapeutic relationship. *Psychoanalytic Psychology*, 24(2), 255-270.

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Lectures are \$20 (non-refundable) for non-members and free for members, residents and graduate students.

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